

# You Are Joyfully Gifted

## Did you know that you are joyfully gifted?

God has given each one of us at least one spiritual gift, also known as a charism at Baptism.

Pope Benedict XVI in *Charity and Truth*, "The human being is made for gift...Gift by its nature is that of superabundance. It takes first place in our souls as a sign of God's presence in us, a sign of what he expects from us."

## What is a charism?

A charism is a spiritual gift given by God to be used at the service of others.

Using one's spiritual gifts brings life to the owner and life to the faith community.

## How do I know my charisms?

Some ways to recognize one's giftedness is by looking for clues.

*Yearning*: when a person possesses a charism, they are naturally or supernaturally drawn to activities using them.

*Rapid Learning*: a person learns activities related to spiritual gifts quickly.

*Flow*: when a person is using their charism, the activity is performed with great ease.

*Glimpses of Excellence*: a person upon completion of using the charism sometimes might say, "how did I do that?"

*Satisfaction*: one never tires of using the charism and is anxious for the opportunity to use it again.

Pope Francis encourages us to use our charisms in Joy of the Gospel, "Our charisms are not an inheritance, safely secured and entrusted to a small group for safekeeping; rather they are gifts of the Spirit integrated into the body of the Church, drawn to the center which is Christ and then channeled into an evangelizing impulse."

Our charisms are to be discovered, discerned and used to build the Kingdom.



## Common Charisms

Listed here are 20 of the most common charisms. Perhaps you will recognize one or more in you?

Encouragement	Intercessory Prayer
Helps	Creativity
Hospitality	Evangelism
Mercy	Prophecy
Pastoring	Teaching
Administrative	Faith
Giving	Missionary
Leadership	Discernment of Spirits
Service	Knowledge
Healing	Wisdom

## Practicing Charisms

- Pray, ask for God's help.
- Intentionally use a spiritual gift for another.
- Ask yourself, "How did I feel as I used this gift?"
- Ask yourself, "After using the charism, did someone affirm the spiritual gift in me?"

Find out more: join us at the *Joyfully Gifted* Retreat!

**Date:** February 20, 2021

**Time:** 9 am – 3 pm

**Place:** Immaculate Conception

**Register:** Online beginning February 10th